

Authorized Rest and Recuperation Locations and Destinations

The eligibility requirements for Rest and Recuperation (R&R) are specified in the Joint Travel Regulations (JTR), Section 0405.

Authorized Duty Location	R&R Destination OCONUS	R&R Destination in the CONUS
Afghanistan	Airport closest to leave point	Airport closest to leave point
Algeria (effective Nov 30, 2023 – Nov 30, 2025)	Airport closest to leave point	Airport closest to leave point
Burundi (effective Nov 30, 2023 – Nov 30, 2025)	Airport closest to leave point	Airport closest to leave point
Cameroon (North and Far North) (effective Nov 30, 2023 – Nov 30, 2025)	Airport closest to leave point	Airport closest to leave point
Chad (effective Oct 1, 2010)	Not applicable (N/A)	Dulles, Virginia* (VA)
Cuba (JTF-GITMO only)	Muñiz Air National Guard Base, Puerto Rico	Naval Air Station Jacksonville or Naval Station Norfolk
Democratic Republic of Congo (effective Oct 1, 2010)	N/A	Dulles, VA*
Djibouti	Airport closest to leave point	Airport closest to leave point
Ethiopia (effective Oct 1, 2010)	N/A	Baltimore, Maryland* (MD)
Iraq	Airport closest to leave point	Airport closest to leave point
Kenya (effective Oct 1, 2010)	N/A	Baltimore, MD*
Libya (effective Nov 30, 2023 – Nov 30, 2025)	Airport closest to leave point	Airport closest to leave point
Mali (effective Nov 30, 2023 – Nov 30, 2025)	Airport closest to leave point	Airport closest to leave point
Niger (effective Nov 30, 2023 – Nov 30, 2025)	Airport closest to leave point	Airport closest to leave point
Pakistan	Airport closest to leave point	Airport closest to leave point
Somalia	Airport closest to leave point	Airport closest to leave point
South Sudan (effective Nov 30, 2023 – Nov 30, 2025)	Airport closest to leave point	Airport closest to leave point
South West Asia (JTF-SWA only)	Frankfurt, Germany	Baltimore, MD*
Sudan (effective Oct 1, 2010)	N/A	Dulles, VA*
Syria	Airport closest to leave point	Airport closest to leave point

Per Diem, Travel, and Transportation Allowance Committee (PDTATAC)

Tunisia (effective Nov 30, 2023 – Nov 30, 2025)	Airport closest to leave point	Airport closest to leave point
Uganda (effective Oct 1, 2010)	N/A	Dulles, VA*
Ukraine (effective Mar 21, 2025 – Mar 20, 2027)	Airport closest to leave point	Airport closest to leave point
Yemen	Airport closest to leave point	Airport closest to leave point

**For international travel to Washington, D.C., or to Baltimore, MD, a City Pair Program airfare from origin to “WAS” airports is used for constructing transportation costs.*